



SAFETY TRAINING COURSES

UPDATED JAN

2023



1st Quarter

- Week 01:** Cold Weather - Injury Prevention
- Week 02:** Personal Protection - Eye Safety
- Week 03:** Furnaces - Injury and Awareness
- Week 04:** Equipment - Power Tools or Snow & Ice Removal
- Week 05:** Incident Reporting
- Week 06:** Confined Spaces - Attics & Crawlspace
- Week 07:** Site Safety - Changing Light Fixtures
- Week 08:** Ladder Safety - Extension Ladders
- Week 09:** Fall Protection - Working in Stairwells
- Week 10:** Electrical Safety - Extension Cords & GFIs
- Week 11:** Locating Utilities - How and When
- Week 12:** Back Injury Prevention
- Week 13:** Driving On Site

2nd Quarter

- Week 14:** Electrocution
- Week 15:** PPE: Goggles and Face Shields
- Week 16:** Carbon Monoxide - Detectors - Testing & Installation
- Week 17:** Blood Borne Pathogens
- Week 18:** Water Drainage
- Week 19:** Fire Prevention
- Week 20:** Electrocution - HVAC/Breakers/Boxes & Fuses
- Week 21:** Site Safety - Landscaping
- Week 22:** Health Hazards - Heat Stress & Prevention
- Week 23:** Site Safety - Insects, Bites & Stings
- Week 24:** Site Safety - Pets and Animals
- Week 25:** Tool Safety - Power Tools
- Week 26:** Site Safety - Drain Auger/Snake Safety & Awareness

3rd Quarter

- Week 27:** OSHA Focus Four - Slips & Falls
- Week 28:** Personal Protection - Foot Protection
- Week 29:** Health Hazards - Handling Stress
- Week 30:** Heavy Equipment - Trucks & Vehicles
- Week 31:** Incident - Fall Injury
- Week 32:** Tool Safety - Drain Augers
- Week 33:** Tool Safety - Hand Tools
- Week 34:** Site Safety - Job Hazard Analysis
- Week 35:** Digging & Excavation Safety
- Week 36:** Electrical Safety - Safe Work Practices
- Week 37:** Fall Protection
- Week 38:** Health Hazards - Seasonal Flu & Illness
- Week 39:** Ladder Safety - Step Ladders

4th Quarter

- Week 40:** Struck-By Hazards
- Week 41:** Personal Protection - Hand Protection
- Week 42:** Health Hazards - Lead Safety
- Week 43:** HVAC Filters and Condensation
- Week 44:** HVAC Filters - Ratings & Ozone
- Week 45:** Chemical Storage & Handling
- Week 46:** Site Safety - Housekeeping
- Week 47:** Fall Protection - Guardrails & Handrails
- Week 48:** Site Safety - OSHA Visits
- Week 49:** Crisis Response
- Week 50:** Site Safety - Work Zones
- Week 51:** Health Hazards - Cold Stress
- Week 52:** Site Safety - Signs and Barricades